

## Welcome to the Surgery Center at Houston Eye Associates,

a state-of-the-art surgical facility dedicated to providing innovative eye surgery to patients. Having served the Greater Houston area for over 50 years, eyes are the surgery center's specialty.



Surgery is a major event. It is natural to be concerned, to have questions, and to want to understand everything that will occur. This brochure is designed to benefit you. It has all the details you will need to feel at ease about your upcoming surgery. Use the convenient checklists to help ensure you have covered everything. It will assist you in arriving on the day of your surgery feeling confident and fully prepared.

# SCHEDULING YOUR SURGERY

## Scheduling Your Surgery

Your doctor will provide you with the date and arrival time of your surgery. The doctor's office provides surgery center staff with your surgical case information. Please make sure that your doctor has your current contact information in the event the surgery center needs to contact you prior to your surgery.



## Preoperative Assessment

HEA Surgery Center uses SIS Charts to access the forms you will need to complete prior to your surgery. This allows the Surgery Center to obtain your medical and surgical history so anesthesia can be administered safely. SIS Charts will be sending you a link so you can complete them at your convenience. You **MUST** complete these forms prior to surgery to avoid having your surgery delayed, postponed, or rescheduled. The preoperative call nurse will call you the day before your surgery to review the forms with you. If you are having issues completing the forms, the preoperative call nurse may be reached at 832-553-7166.

## Items to have available for SIS Exchange:

- List of all medications you are taking including their dosage and frequency.
- List of surgeries within the past 10 years that have required anesthesia.
- Name and phone number of the responsible adult (18 years or older) that will be driving you home after your surgery.

## Charges and Payments

**HEA Surgery Center** fees are separate from your surgeon's professional fee and the anesthesia fee.

Your **surgeon's professional fee** and **anesthesia fee** will be billed to you separately. In the event a specimen is taken, you will also receive a separate **laboratory/pathology bill**.

HEA Surgery Center accepts most major commercial insurance HMO/PPO plans, Medicare, and Texas Medicaid. The Surgery Center will bill your insurance company, and any balance due is the patient's responsibility. Medicaid patients must have current, valid Medicaid identification with them at the time of surgery.

Patients with insurance are required to pay their co-payments, co-insurance, or any deductible on or before the day of surgery. Uninsured or cash pay patients are required to pay for services on or before the day of surgery. HEA Surgery

Center accepts Visa, Mastercard, Discover, AMEX, Care Credit, personal check, and cash. **The Surgery Center billing office will contact you in advance with an estimated amount that is due.** If you have questions regarding Surgery Center fees or insurance, please feel free to call us at 832-280-3615.

Should you have any questions regarding your anesthesia bill, please contact Compass Anesthesia Providers at 281-348-0400 or email [info@avantianesthesia.net](mailto:info@avantianesthesia.net).

Surgery Center Fees  
and/or  
Insurance Questions  
832-280-3615



# PREPARING FOR SURGERY

## When to Notify Your Doctor

If you cannot keep your scheduled appointment for surgery or if you notice one of the following, please contact your doctor's office immediately.

1. You or a member of your household experience any change in health, such as a cough, fever or cold.
2. You suspect that you are pregnant.

## IMPORTANT Guidelines for Food and Drink for the Day of Surgery

Food and drink taken before anesthesia can cause problems such as choking, vomiting and aspiration and can pose a safety risk to you. Please adhere to these guidelines or your case may be postponed, delayed, or rescheduled. Contact your doctor's office if you have questions.

Instructions from the Department of Anesthesia

**Adult Surgical Patients  
Surgery BEFORE 12 noon &/OR  
All Patients for General Anesthesia**

Food and drink taken before anesthesia can cause problems such as choking, vomiting and aspiration. If you don't follow these rules, your surgery may be canceled.

**Please take ALL of your morning medications with sips of water (ok to skip if it will upset your stomach)**

**NOTHING else to eat or drink after midnight the night before your surgery**

### DIABETICS:

**Do NOT** take any medications the morning of surgery.

**If on insulin pump:** It is okay to place pump on a basal rate.

If your morning blood sugar is less than 80, drink a small glass of **CLEAR** fruit juice before coming to the hospital. Orange juice is **NOT** a clear fruit juice.

Instructions from the Department of Anesthesia

**Adult Surgical Patients  
Surgery AFTER 12 noon**

Food and drink taken before anesthesia can cause problems such as choking, vomiting and aspiration. If you don't follow these rules, your surgery may be canceled.

**Please take ALL of your morning medications with sips of water (ok to skip if it will upset your stomach)**

**You may have the following UP TO 2 HOURS before scheduled ARRIVAL time:** Water, Apple or Cranberry juice, Soda, Black Coffee (No milk, cream or half & half)

**You may NOT HAVE: Other solid food, Candy or Chewing gum, Milk or other dairy products, Orange juice, EVERYTHING ELSE**

### DIABETICS:

**Do NOT** take any medications the morning of surgery.

**If on insulin pump:** It is okay to place pump on a basal rate.

If your morning blood sugar is less than 80, drink a small glass of **CLEAR** fruit juice before coming to the hospital. Orange juice is **NOT** a clear fruit juice.

# DAY OF SURGERY

## Day of Surgery Checklist

Please follow every part of this checklist. Failure to do so will result in the delay or cancellation of your surgery.

- ✓ Follow the Food and Drink Requirements based on your scheduled arrival time.
- ✓ An ADULT (18 years or older) driver must be present to bring you home after surgery. The driver is expected to remain on the premises for the duration of the patient's visit. In the event the driver chooses to leave, he or she must stay within a one-mile radius of the facility & be available by cellphone. Most commonly, drivers choose to simply wait in their own vehicle.
- ✓ Please brush your teeth and shower. Abstain from applying any lotions, etc. Do not wear perfume.
- ✓ Do not wear contact lenses.
- ✓ Leave all valuables (jewelry, watches, hats, phones) at home or with your driver.
- ✓ Wear comfortable, loose fitting clothing (button tops recommended). No dresses.
- ✓ Bring a complete list of your current medications and dosages.
- ✓ Bring insurance card, picture ID and method of payment.
- ✓ In the event the patient is unable to consent due to dementia or questionable incompetency, please bring a copy of Medical Power of Attorney/Guardianship paperwork along with the authorized individual.

**YOUR ARRIVAL TIME WILL BE GIVEN BY YOUR DOCTOR'S OFFICE.** Please arrive on time. Call if you are delayed at 713-668-6828 EXT 2700. Please understand that your arrival time is **NOT** your surgery time, as many things need to happen before surgery begins. Schedule your day so that you and your driver allow **UP TO FOUR HOURS** for the entire process from check-in to discharge. Many factors affect your wait time, but please remember that the order of patients is determined by your surgeon's office.

## Registration

When you arrive at Houston Eye Associates Surgery Center, you will need to check in at the reception desk and fill out any additional paperwork that is needed. Payment that is due **MUST** be paid at this time.

## Pre-Op

You will be prepped for surgery in the pre-op area by one of our nurses. An anesthesiologist will complete your anesthesia evaluation at this time, answer questions, and administer necessary medications. The appropriate type of anesthesia will be determined by your surgeon in consultation with the anesthesiologist. You will then proceed to the operating room for your surgery.

## Surgery

Your surgeon performs the surgery, assisted by our registered nurses and surgical technologists, while monitored by an anesthesia provider. During most surgeries, a plastic drape is placed over the eye followed by the use of a device which holds the eye open for surgery. You may feel water and pressure and might see some bright lights.

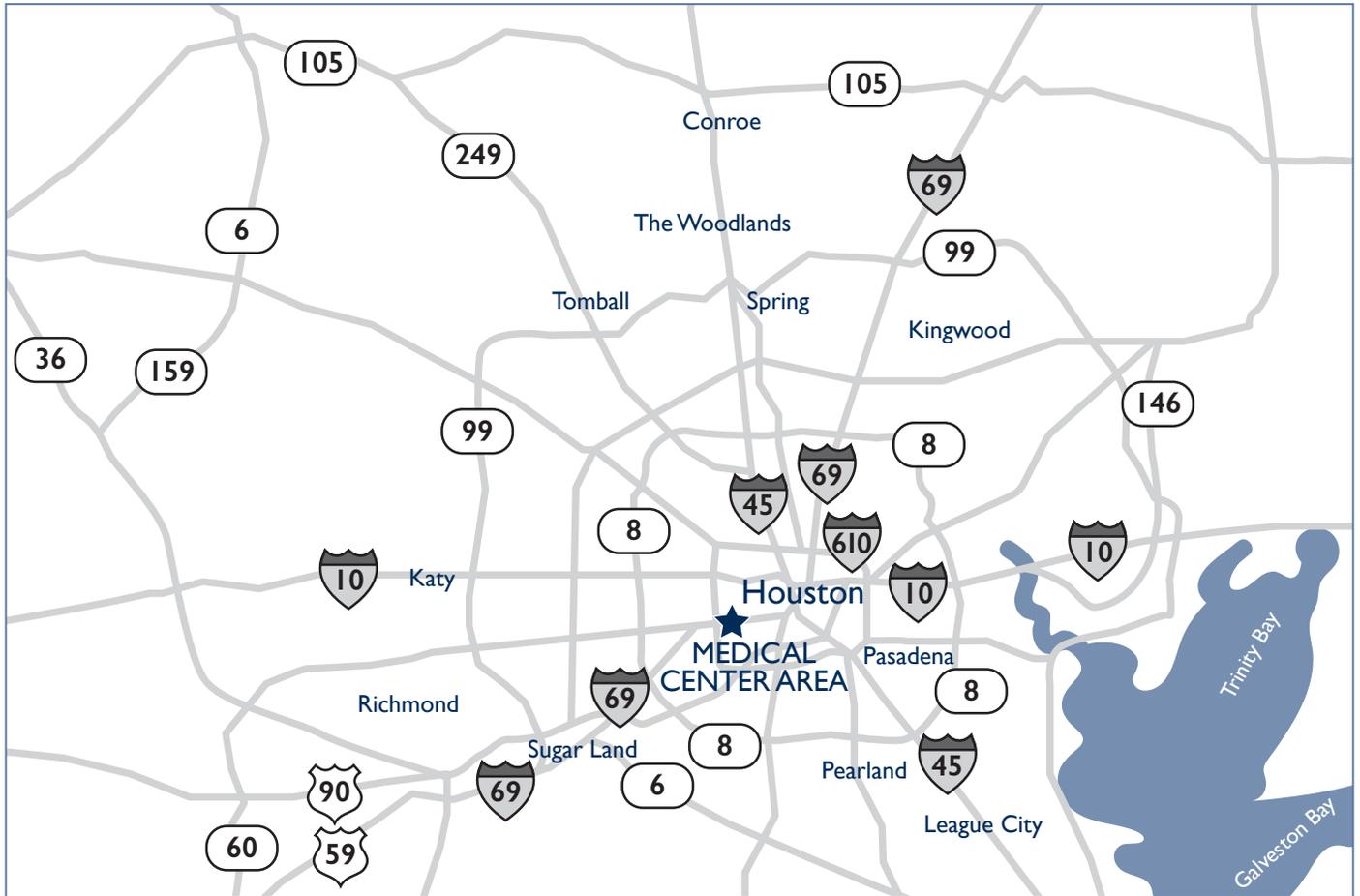
## Recovery

When surgery is complete, you will be taken to the recovery room and attended by a nurse until you are ready to go home. The nurse will check your vital signs and administer medication for pain or nausea if necessary. When your nurse determines that you have met discharge criteria, you will be transferred to a wheelchair and assisted into your driver's vehicle to go home.

Your discharge instructions will be given to you by a nurse when signing consents in pre-op. You will also receive a paper copy for easy reference. Please follow your doctor's instructions. The nurse will call you the day following surgery to find out how you are doing.

If you have received anesthesia, you will only be allowed to leave the facility with a responsible adult, cannot drive for 24 hours, and must have a responsible adult in attendance with you for the first 24 hours following surgery.

# DIRECTIONS AND PARKING



The Houston Eye Associates Surgery Center is located at the corner of Gramercy & Brompton at 2855 Gramercy Street Houston, TX 77025.

Parking is complimentary. The parking lot surrounding the surgery center is designated for patients and their families.



This QR code will take you directly to Google Maps and directions to the surgery center.