

Instructions from the Department of Anesthesia

Food and drink taken before anesthesia can cause problems such as choking, vomiting and aspiration. If you don't follow these rules, your surgery may be cancelled.

DO NOT SMOKE OR CHEW TOBACCO ON THE DAY OF SURGERY

**Please take ALL of your morning medications with sips of water
(ok to skip if it will upset your stomach)**

Do NOT take any diabetes medications the morning of surgery.

If your morning blood sugar is less than 80, drink a small glass of **CLEAR** fruit juice before coming to the hospital. Orange juice is **NOT** a clear fruit juice.

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**Please take ALL of your morning medications with sips of water
(ok to skip if it will upset your stomach)**

If on insulin: Take $\frac{1}{2}$ your morning dose before you eat/drink

If NOT on insulin: Do not take your morning diabetes pills

If your morning blood sugar is less than 80, drink a small glass of **CLEAR** fruit juice before coming to the hospital. Orange juice is **NOT** a clear fruit juice.

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**Please have your child take ALL morning medications with sips of water
(ok to skip if it will upset their stomach)**

Do NOT take any diabetes medications the morning of surgery.

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